

WEEKLY PLAN



WEEK 1: FAITH OVER FEAR

As we step deeper into this COVID-19 crisis, we find ourselves asking bigger questions about how we gather, what's important, and who we trust.

Stepping into this new unknown presents us either with more fear or more faith. This month prayerfully ask for more faith in the unknown reality, and seek God first and daily.



PRAYER TIME

THIS IS YOUR DAILY SCRIPTURE:

Psalms 32:6-8 (CSB) Therefore let everyone who is faithful pray to you immediately. When great floodwaters come, they will not reach him. You are my hiding place; you protect me from trouble. You surround me with joyful shouts of deliverance. Selah I will instruct you and show you the way to go; with my eye on you, I will give counsel.

THIS IS YOUR DAILY PRAYER:

Heavenly Father, when I am fearful help me faithfully turn to You immediately. May my children learn to be faithful and turn to You. I trust that when the floodwater come they will not reach my family. It is in You that we hide as a family. You protects us. I hear Your loud joyfulness. Your character surrounds us. I wait on You to instruct me and show me where to go. My eyes will not leave You. You are here and give us peace and hope. Amen.



PARENT PRE-READING:

Psalm 27:1 (CSB)
The Lord is my light and my salvation—whom should I fear?
The Lord is the stronghold of my life—whom should I dread?

CONVERSATION STARTER:

"I was reading in Psalm 27 and the first line says, The Lord is my light and my salvation - Whom should I fear? What do you think it that means that God is both the light and our saving force? How does God being our salvation overcome fear?"



FAITH JOURNAL:

It is important to document where you are in the process. Take 15 minutes as a family to write down how you are feeling in the midst of everything going on. Encourage your student to journal their feelings and name the places we can turn to God in faith. Share your written responses with each other and pray together.



STARTING QUESTION

With everything that is happening in our world right now, what you have questions do you have? What worries are you feeling right now?

DEEPENING QUESTION

What do you normally do when you feel worried or scared?

READ THIS TOGETHER

1 Peter 5: 6-11(CSB) Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you at the proper time, casting all your cares on him, because he cares about you. Be sober-minded, be alert. Your adversary the devil is prowling around like a roaring lion, looking for anyone he can devour. Resist him, firm in the faith, knowing that the same kind of sufferings are being experienced by your fellow believers throughout the world.

The God of all grace, who called you to his eternal glory in Christ, will himself restore, establish, strengthen, and support you after you have suffered a little while. To him be dominion forever. Amen.

SCRIPTURAL APPLICATION QUESTION

How can you cast your cares on God? Do you believe that God cares for you? Why or why not? Do you feel that God is in control right now? Does that bring you assurance and hope?